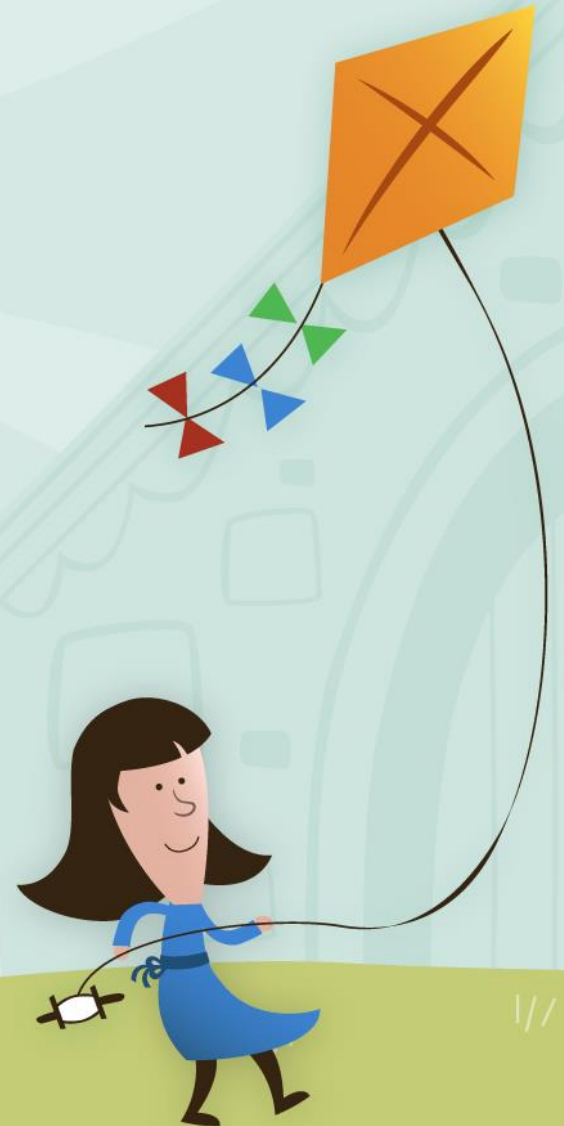


Activities to Support Learning at Home-Weeks 2 and 3



Activities to Support Language and Literacy

- **READ to your child every day!!!**
- Heggerty Lesson (found under resources)
- Letters/Sounds

Make a sensory bag. Put 4 tbsp. of paint or hair gel (you can add food coloring if you choose). Close the baggie well and tape it closed. Practice writing letters on the baggie. Be sure that you start each letter at the top for proper letter formation. You can write the letters of your name or write all of the letters in the alphabet. For a challenge you can spell out words with a consonant, vowel, consonant pattern to practice letter sounds. (dog, cat, bug, mop, bed,)

A great song to practice letter formation that gets you up and moving is...

Alphabet Workout by Jack Hartmann <https://www.youtube.com/watch?v=SE-ljfAmZis>

- Syllables

Make a list of your family and friends. Clap, tap or stomp their names to see how many syllables are in each persons name.(Julia-3) Extension-Write numbers 1-? and make tally marks to keep track of syllables. See who has the longest name and who has the shortest name



Activities to Support General Knowledge: Math Concepts

- Find 5 toy cars and count how many wheels they have all together. If you are a beginning counter you can just count the wheels on one car, if you are an advanced counter you can add more than five cars.
- Practice counting numbers 1 to 20 with a song by The Singing Walrus: Number Song 1-20
<https://www.youtube.com/watch?v=D0Ajq682yrA>
- Using a deck of cards, Uno set or other number cards: draw a card and count out pieces of cereal, candy or other small toys to match the quantity of the number you draw. Pre sort the deck to match your child's needs.



Activities to Support General Knowledge: Science Concepts

- Magic Milk Experiment
- Dancing Raisins Experiment
- Balloon Baking Soda Experiment

***Directions for all experiments can be found under Resources Section



Activities to Support Fine Motor Skill Development

- Cut strips of paper to make roads for your vehicles that you counted the wheels. Practice making straight roads and curved roads. Remember that “Mr. Thumb” is the driver of your scissors and he goes on top! This will help be sure that your child is using a proper scissor grasp.
- Use kitchen tongs, clothes pin or thumb and index finger to transfer cotton balls, pom-poms or other small material from a bowl to a muffin tin. Place a cotton ball in each cup of the muffin tin



Activities to Support Gross Motor Skill Development

- Roll and Move

Print the movement cards (found under resources). If you don't have a dice, you can make your own (pattern found under resources). Take turns with your child picking a movement card and rolling the dice. The dice tells you how many times to do the exercise/movement found on the card.

- Yoga

Have your child do the poses on the yoga cards.



- Indoor Balloon Tennis

Grab a fly swatter and some balloons. Practice hitting the balloon back and forth with control to a partner. Count how many times the balloon is hit before it reaches the ground.

- Make an Obstacle Course

Using things from around your house, create an obstacle course.



Activities to Support Social Skill Development

- **Why Can't I Go to School- Social Story** (found under resources)
- **Kindness Calendar**

Print or write out a calendar for the upcoming month for your child. Work with them to fill in the days of the calendar with ways they can be kind or helpful to someone in their home, neighbors or other family members.

- **I Spy**

How to Play: Take turns spotting nearby objects and describing them: "I spy with my little eye something that is green..." The other players try to guess what the object is. Whoever guesses right gets to be the next "spy".

What it Teaches: Patience! Patience is all about waiting. Any game that forces kids to listen politely while others have their turn teaches the important lesson of patience.

