

Activities to Do with your Preschooler at Home

Math

Shapes with Popsicle Sticks

Work with your child on creating shapes using popsicle sticks such as a triangle or a square. Encourage your child to count the sides of each shape. Raw spaghetti or sticks from outside can be used to create shapes as well!

Fine Motor

Hole Puncher Activity

Label index cards 1-10. Have your child look at the number on the card and punch the corresponding amount of holes with the hole puncher.

Science

Pinecone Bird Feeder

(idea borrowed from babbledabbledo.com)

Have your child roll the pinecone in peanut butter and then spread it around with a popsicle stick. Once the pinecone is dry, tie string or yarn around the pinecone and hang it outside.

Gross Motor

Letter Splat!

Using chalk, write the letters of the alphabet out of sequence on a driveway or sidewalk. Then, hand her child a fly swatter and have him/her hit whichever letter you call out! Encourage your child to produce the sounds of each letter as they swat it!

Language/Literacy

Rhyming Basket

(idea borrowed from theimaginationtree.com)

Collect household items or toys that rhyme with at least one other item in your basket. For example, a toy cat and a hat. Have your child choose an item from the basket and then find another object from the same basket that rhymes with the item they chose.

Social

Happy/Sad

Give your child two paper plates. Have your child draw a happy face on the first plate and a sad face on the second. Give your child different scenarios or stories and have him/her hold up the sad or happy plate depending on how it would make them feel. For example, the day they were supposed to go swimming there was a bad storm. The child would then most likely hold up the sad face.